



CLINTON FENCING CLUB / Summer Camp Program

24 Cokesbury Rd (suite 5)

Lebanon, NJ 08833

clintonfencingclub.com

908-236-6226

Camp Information

Beginner / Intermediate Camp: This camp is for students who are beginners or have limited fencing experience. Students will be taught the rules, etiquette, and technique of the sport. Drills, footwork, games, and bouting will keep the class fun yet educational. More advanced students will be shown how to improve their competitive skills. All can participate in a tournament on the last day of camp with prizes awarded. Necessary equipment will be supplied.

Ages: 8-15 years. 9:00am - 12:00noon

- Session 1: June 21st – June 25th
- Session II: July 19th – July 23rd
- Session III: August 2nd – August 6th

Cadet/Junior Competitive Camp: Foil training for experienced fencers who aspire to or are currently competing for their school teams and/or USFA Division events. Under the guidance of CFC's head foil coach (Eric Bowden) this camp will include endurance building footwork sessions, competitive drilling, mental conditioning, and lectures dealing with advanced fencing concepts. This camp is designed to improve the confidence and competitive level of the fencer. Fencers should have their own basic electric equipment. (lame, electric foil & bodycord) Equipment is available to rent.

Ages 13 & up Evenings: 6:30pm-9:30pm

- August 16th – August 20th